Sterile neutrinos in cosmology: troubles or new physics

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Outline

Measuring neutrinos with cosmology:

- Neutrino thermal history
- Observables
- Current Constraints
- Sterile neutrinos
- Troubles: tension between cosmology and oscillations
- New physics: secret interactions

Neutrino decoupling

In the primordial Universe weak interactions keep neutrinos in equilibrium with the heat bath.



$$T_{dec} \sim 1 \text{ MeV} \rightarrow \text{HDM}$$

e⁺e⁻ γγ

 $T_{v}/T_{\gamma} = (4/11)^{1/3}$ $T_v \sim 1/a$

 $\overline{T}_{dec,s} \sim \overline{T}_{dec} / \sin^2 \theta_s$ $T_{v.s}/T_{\gamma} \sim (4/15)^{1/3}$

> Lesgourgues & Pastor, AHEP (2012)



Neutrino decoupling

In the primordial Universe weak interactions keep neutrinos in equilibrium with the heat bath.



$$\rho_{rad} = \left[1 + \frac{7}{8} \left(\frac{4}{11}\right)^{4/3} N_{eff}\right] \rho_{\gamma}$$

N_{eff} Effective number of relativistic degrees of freedom

- Other relativistic relics can contribute to N_{eff}
- This equation holds after decoupling and as long as all neutrinos are relativistic

$$\bullet$$
 N_{eff,dec} ~ 3.046

• + 1 sterile,
$$N_{eff,dec} \sim 4$$



Mangano, Miele, Pastor, Pinto, Pisanti, Serpico, Nucl.Phys.B (2005)

Neutrino number: impact on BBN



A larger N_{eff} (i.e. sterile neutrinos) increases the expansion rate of the Universe (Friedmann H² ~ $\rho_r \sim N_{eff}$). Earlier (T>0.7 MeV) freeze-out of reactions (e.g. $n + \nu_e \rightarrow p + e^-$). Larger neutron to proton ratio. Higher primordial D and ⁴He abundance

 $\Delta N_{eff,BBN} = 0.66 \pm 0.45$ (BBN, 68% c.l.) Steigman, AHEP, (2012) N_{eff,BBN-CMB} = 3.28 \pm 0.28 (BBN+CMB, 68% c.l.)



Cooke et al., APJ (2014)

 T_{ν} [eV]

CMB T $\sim 1 \text{ eV}$ $T_{v,CMB} \sim 0.7 \text{ eV}$ Cosmic "Dark Ages" $N_{eff,CMB} \neq N_{eff,BBN}$ Neutral IGM First 13.7 └ 13.5 **Big Bang Recombination** 1.0 0.8 10 11 11 11 10 $\stackrel{0.6}{\Delta}_{N^{eff}}^{Neff}$ 0.4 0.2 0.0 0.01 0.1



PRD (2013)

1,000 20 12 Redshift (z) 8 CMB T $\sim 1 \text{ eV}$ Hubble Hubble 2012 2009 $T_{v,CMB} \sim 0.7 \text{ eV}$ Cosmic "Dark Ages" $N_{eff,CMB} \neq N_{eff,BBN}$ Reionization Neutral IGM First First Modern Present day galaxies stars galaxies form 13.7 13.5 13.4 13.0 Billions of Years Ago **Big Bang Recombination** 6000 Increasing N_{eff} ... Early ISW 5000 $_{q} = \frac{\rho_{m}}{\rho_{r}} \quad \theta_{s} = \frac{r_{s}}{D_{A}}$ $\dot{\varphi} < 0$ 4000 \mathcal{D}_{ℓ}^{TT} [$\mu \mathrm{K}^2$] The shape of the 3000 spectrum is Shift of the peak position 2 $\theta_d = \frac{r_d}{D_A}$ 2000 determined by $r_{s} = \int_{0}^{t_{*}} c_{s} dt / a = \int_{0}^{a_{*}} \frac{c_{s}}{a^{2}} \frac{da}{H} \propto \frac{1}{H}$ 1000 ratios 0 600 60 Silk damping 3 300 30 ΔD_{ℓ}^{TT} -300 -30 $\exp\left[-\left(2r_d/\lambda_d\right)\right]$ -600 2 10 30 500 1000 1500 2000 2500 Planck 2015

0

20 1,000 Redshift (z) 12 CMB T $\sim 1 \text{ eV}$ Hubble Hubble 2012 2009 $T_{v,CMB} \sim 0.7 \text{ eV}$ Cosmic "Dark Ages" $N_{eff,CMB} \neq N_{eff,BBN}$ Reionization Neutral IGM First First Modern Present day galaxies stars galaxies form 13.7 13.5 13.4 13.0 Billions of Years Ago **Big Bang Recombination** 6000 $N_{eff,CMB} \neq 3.13 \pm 0.32 \ (68\% \ c.l.)$ Increasing N_{eff} ... Early ISW $z_{eq} = \frac{\rho_m}{\rho_r} \quad \theta_s = \frac{r_s}{D_A}$ 5000 $\dot{\psi} < 0$ 4000 \mathcal{D}_{ℓ}^{TT} [$\mu \mathrm{K}^2$] The shape of the 3000 spectrum is Shift of the peak position 2 $\theta_d = \frac{r_d}{D_A}$ 2000 determined by $r_{s} = \int_{0}^{t_{*}} c_{s} dt / a = \int_{0}^{a_{*}} \frac{c_{s}}{a^{2}} \frac{da}{H} \propto \frac{1}{H}$ 1000 ratios 0 600 60 3 Silk damping 300 30 ΔD_{ℓ}^{TT} -300 -30 $\exp\left[-\left(2r_d/\lambda_d\right)\right]$ -600 2 10 30 500 1000 1500 2000 2500 Planck 2015

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Neutrino non-relativistic transition

As long as neutrinos are relativistic they travel at the speed of light.



When neutrinos become non-relativistic, they travel through the Universe with a thermal velocity $v_{th,i} = \langle p \rangle / m_{v,i} \sim 3T_{v,i} / m_{v,i} \sim 150 (1+z) (1eV/m_{v,i}) \text{ km/s}$ Neutrinos cannot be confined below the characteristic free-streaming scale defined by $v_{th,i}$.

$$k_{fs,i}(z) = \sqrt{\frac{3}{2}} \frac{H(z)}{(1+z)v_{th,i}(z)} = 0.113 Mpc^{-1} \left(\frac{m_{v,i}}{1eV}\right) \left(\frac{\Omega_m h^2}{0.14} \frac{5}{1+z}\right)^{1/2}$$

Neutrino mass: impact on LSS



Neutrinos and CMB lensing



Massive neutrinos slow down the growth of matter perturbations

Suppression of lensing potential (plus CMB lensing on TT)

 $\sum m_v < 0.14 \ eV \ (95\% cl)$

(TT + lowP + lensing, Planck16) assuming three species of degenerate massive neutrinos



Where we stand

 Effective number of relativistic degrees of freedom

$$\rho_{rad} = \left[1 + \frac{7}{8} \left(\frac{4}{11}\right)^{4/3} N_{eff}\right] \rho_{\gamma}$$

\diamond Neutrino mass sum

$$\Omega_{v} = \frac{\rho_{v}}{\rho_{c}} = \frac{\sum m_{v}}{h^2 93.14 eV}$$

- Other relativistic relics can contribute to N_{eff}
- This equation holds after decoupling and as long as all neutrinos are relativistic

Model: $\Lambda CDM + N_{eff}$

 $N_{eff} = 3.13 \pm 0.32 \ (68\% cl)$

 This formula does not account for the distortions in the neutrino distributions
Model: ΛCDM + Σm_ν

$$\sum m_{v} < 0.13 \ eV \ (95\% cl)$$

eV sterile neutrinos are too many and too massive for cosmology

Troubles

Tension between measurements

 $H_0 = (67.31 \pm 0.96) \text{ km/s/Mpc}$ (68% c.l.) (Planck, ACDM)

 $H_0 = (73.24 \pm 1.74) \text{ km/s/Mpc}$ (68% c.l.) (HST, Riess et al., Apj (2016))

 3.4σ tension

 σ_8 tension between Planck and CFHTLens (Kilbinger at al., MNRAS(2013)), alleviated by DES (Abbott at al., PRD(2016))

Two possible model extensions each one solving one tension

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Model extension: N_{eff}+m^{eff}_{v,s}

 $\Lambda CDM + N_{eff} + m^{eff}_{v, s} \quad (m^{eff}_{v, s} = m^{thermal}_{v, s} (T_{v, s}/T_{v})^{3} = m^{thermal}_{v, s} (\Delta N_{eff})^{3/4})$ $N_{eff} < 3.7 \ \& \ m^{eff}_{v, s} < 0.38 \ eV \ (95\% \ c.l.) \ (Planck + BAO)$

The model extension does not represent an escape route!

- It does not alleviate the tension between Planck and low-z measurements
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Bridle, Poole, Evans, Fernandez, Guzowski, Soldner-Rembold, PLB (2016)

MA, Gariazzo, Giunti, et al., JCAP (2016)

New Physics

Partial Thermalization

$$\Delta N_{eff} = \frac{\rho_{v,s}}{\rho_{v,m=0}^{thermal}} \left(\frac{P_{v,s} / \rho_{v,s}}{1/3}\right); \qquad \rho = \frac{g}{2\pi^2} \int dp E p^2 f(p)$$

Secret interactions

The sterile neutrino is coupled to a new light pseudoscalar ($m_{\phi} \ll 1 \text{ eV}$):

$$L_{\rm int} \sim g_{\rm s} \ \phi \ v^{-1}{}_{\rm s} \ \gamma_5 \ v_{\rm s}$$

No fifth force limit

SuperNova bounds derived from the energy loss argument:

 $v_e v_e \rightarrow \phi$, $g_e < 4 \ge 10^{-7}$ Farzan, PRD (2003) $g_s < g_e / \sin^2 \theta_s < 3 \ge 10^{-5}$ Model dependent

MeV vector boson, $L_{int} \sim g_s v^{-1}_s \gamma^{\mu} P_L v_s A_{\mu}$

Hannestad, Hansen, Tram, PRL(2013)

Dasgupta, Kopp. PRL (2013)

Saviano et al., PRD (2014)

Mirizzi et al., PRD (2014)

Chu, Dasgupta, Kopp, JCAP (2015)

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Pseudoscalar thermal history

- $T > TeV \phi$ particles are thermally produced
- $T \sim \text{GeV} (g_s \sim 10^{-5}) v_s$ and ϕ in thermal equilibrium
- T > 200 MeV the dark sector decouples
- $T \sim 10 MeV$ neutrino oscillations become important
- \rightarrow one single tightly-coupled fluid at low temperature



The in medium mixing angle is suppressed and the sterile neutrino production is delayed, until after active neutrinos collisional decoupling. When sterile neutrinos are produced, the spectra turn out to be partially non-thermal.



MA, Hannestad, Hansen, Tram, PRD (2014)



The $v_s - \phi$ fluid becomes strongly interacting before neutrinos go non-relativistic, around recombination.

$$\begin{split} \dot{\Psi}_{0} &= -k\frac{q}{\varepsilon}\Psi_{1} + \frac{1}{6}\dot{h}\frac{d\ln f_{0}}{d\ln q} & \text{Boltzman}\\ \dot{\Psi}_{1} &= k\frac{q}{3\varepsilon}(\Psi_{0} - 2\Psi_{2}) \\ \dot{\Psi}_{2} &= k\frac{q}{5\varepsilon}(2\Psi_{1} - 3\Psi_{3}) - \left(\frac{1}{15}\dot{h} + \frac{2}{5}\dot{\eta}\right)\frac{d\ln f_{0}}{d\ln q} - a\Gamma_{s}\Psi_{2} \\ \dot{\Psi}_{l} &= k\frac{q}{(2l+1)\varepsilon}(l\Psi_{l-1} - (l+1)\Psi_{l+1}) - a\Gamma_{s}\Psi_{l}, \ l \geq 3 \end{split}$$



The $v_s - \phi$ fluid becomes strongly interacting before neutrinos go non-relativistic, around recombination.

If neutrinos are not free-streaming, then the photon monopole is enhanced. To be consistent with CMB, active neutrinos must be free-streaming at $z\sim10^4$. The interaction must be confined to the sterile

sector.



MA, Hannestad, JCAP (2013)



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sector.

Consistency -ACDM Pseudoscalar with HST 0.8 Planck + lowP $_{\rm WW}^{\rm XW}$ P/P 0.40.2 HST 0 90 60 70 80 100 H₀ [km/s/Mpc]

MA, Hannestad, Hansen, Tram, PRD (2015)

Secret interactions and LSS



As soon as sterile neutrinos go non-relativistic, they start annihilating into pseudoscalars. $v_s v_s \rightarrow \phi \phi$ The annihilations will heat up the fluid.





MA, Hannestad, Hansen, Tram, PRD (2015)

Secret interactions and LSS



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MA, Hannestad, Hansen, Tram, PRD (2015)

0.1

Conclusions

- Cosmology provides very tight constraints on neutrinos $N_{eff,CMB} = 3.13 \pm 0.32$ (CMB, 68% c.l.) $\Sigma m_v < 0.13$ (CMB+LSS, 95% c.l.)
- eV sterile neutrinos are too many and too massive for cosmology
- "Secret" sterile neutrino self-interactions mediated by a light pseudoscalar can accommodate one additional massive sterile state in cosmology by means of an early partial thermalization and a late annihilation.

Thank you for your attention



MeV vector boson



Chu, Dasgupta, Kopp, JCAP (2015)